

# Walk Free

## Walk With a Limp - Part 4

### April 10, 2022

#### Exhausted. Chasing perfection.

“Perfectionism is a self destructive and addictive belief system that fuels this primary thought: If I look perfect, and do everything perfectly, I can avoid or minimize the painful feelings of shame, judgment, and blame.” – Brené Brown

*“But he denied it in front of everyone: ‘I don’t know what you’re talking about.’”* Matthew 26:70 (CSB)

*“And again he denied it with an oath: ‘I don’t know the man!’”* Matthew 26:72 (CSB)

*“Then he started to curse and to swear with an oath, ‘I don’t know the man!’ Immediately a rooster crowed ... ”* Matthew 26:74 (CSB)

*“... and Peter remembered the words Jesus had spoken, ‘Before the rooster crows, you will deny Me three times.’ And he went outside and wept bitterly.”* Matthew 26:75 (CSB)

#### Jesus denier.

*“And I also say to you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overpower it.”* Matthew 16:18 (CSB)

#### One chapter of failure in your life **doesn’t define your whole story.**

“Failure is a bruise, not a tattoo. Stop acting as if something **temporary** is permanent.”

#### Three Steps to Walking in Freedom

##### 1. If you want peace and freedom, embrace the fact that **you will never be perfect.**

*“<sup>6</sup>Humble yourselves, therefore, under the mighty hand of God, so that He may exalt you at the proper time, <sup>7</sup>casting all your cares on Him, because He cares about you.”* 1 Peter 5:6-7 (CSB)

##### 2. Step into God’s forgiveness. **His forgiveness is greater than your biggest failure.**

*“Peter replied, ‘Repent and be baptized, each of you, in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.’”* Acts 2:38 (CSB)

##### 3. Remember that **“It is Finished.”**

*“<sup>23</sup>Though He was delivered up according to God’s determined plan and foreknowledge, you used lawless people to nail Him to a cross and kill Him. <sup>24</sup>God raised Him up, ending the pains of death, because it was not possible for Him to be held by death.”* Acts 2:23-24 (CSB)

Out of Jesus’ death comes enough love for the **rest of your life!**