

# Spiritual Habits

## Habits of Peace - Part 3

### January 21, 2024

Small habit X Consistently X Extended period = Powerful results

#### Spiritual Habits

C.S. Lewis: You don't have a soul. You are a soul. You have a body.

John Ortberg: A neglected soul doesn't go away. It goes awry.

Our most important habits are **spiritual** habits.

Small **spiritual** habits X Consistently X Extended period = **Eternal** results

*<sup>33</sup>Oh, how great are God's riches and wisdom and knowledge! How impossible it is for us to understand His decisions and His ways! <sup>34</sup>For who can know the Lord's thoughts? Who knows enough to give Him advice? <sup>35</sup>And who has given Him so much that He needs to pay it back? <sup>36</sup>For everything comes from Him and exists by His power and is intended for His glory. All glory to Him forever! Amen. <sup>1</sup>And so, dear brothers and sisters, I plead with you to give your bodies to God because of all He has done for you. Let them be a living and holy sacrifice—the kind He will find acceptable. This is truly the way to worship Him. <sup>2</sup>Don't copy the **behavior** and **customs** of this world, but let God **transform** you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect." Romans 11:33-12:2 (NLT)*

Our hearts are either being **conformed to the world** or **transformed by God**. There is no neutral.

God has a destiny/dream/chazown for your life. It is greater than you can imagine. Your **spiritual habits** will either help you get there or keep you from ever arriving.

#### Overview of Spiritual Habits

- Know God
  - Salvation
  - Baptism
  - Word
  - Prayer
  - Fasting
  - Sabbath
  - Church
  
- Find Community
  - Church
  - Fellowship
  - Small Group
  - Accountability

- **Make a Difference**
  - **Discover gifts**
  - **Serve**
  - **Give**
  - **Share Jesus**
  - **Make disciples**

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