

Self-Boundaries

Boundaries - Part 5

October 9, 2022

“We have met the enemy and he is us.”

Self-boundaries.

“¹⁹Anything I wanted, I would take. I denied myself no pleasure. ... ²¹ ... it was all so meaningless—like chasing the wind. There was nothing really worthwhile anywhere.” Ecclesiastes 2:10-11 (NLT)

Healthy self-boundaries don’t lead to less, but more.

The most important boundaries I set are with/for myself.

Self-boundaries = self-control

*“¹⁹When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, ²⁰idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, ²¹envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God. ²²But *the Holy Spirit produces this kind of fruit* in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³gentleness, and *self-control*. There is no law against these things!” Galatians 5:19-23 (NLT)*

“A person without self-control is like a city with broken-down walls.” Proverbs 25:28 (NLT)

How to develop self-control:

Less of my power. More of His.

“He must become greater and greater, and I must become less and less.” John 3:30 (NLT)

Rally my crew.

*“Plans go wrong for lack of advice; *many advisers bring success*.” Proverbs 15:22 (NLT)*

*“Fools think their own way is right, but the wise *listen to others*.” Proverbs 12:15 (NLT)*

Where internal strength is lacking, external support is crucial.

Sin grows in the dark but suffocates in the light.

Most people overestimate what they can do in one year and underestimate what they can do in ten years.