

Boulders and Backpacks

Boundaries - Part 2

September 18, 2022

When healthy boundaries are established and communicated, life flourishes.

When healthy boundaries are absent or violated, chaos, destruction and pain always follow.

*“Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should **restore** that person **gently**. But **watch yourselves**, or you also may be tempted. ²Carry each other’s burdens and in this way you will fulfill the law of Christ. ³If anyone thinks they are something when they are not, they deceive themselves. ⁴Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, ⁵for **each one** should carry their own **load**.” Galatians 6:1-5 (NIV)*

Self-control is always better than other-control.

Burden = Baros = Excessive weight

Load = Phortion = Cargo

Carry each other’s burdens. Carry your own backpack.

- *Thebayouchurch.org/complete*

Do you need help carrying a boulder?

- *Thebayouchurch.org/connect*

Are you carrying anything that belongs in someone else’s backpack?