

# Destruction

## By Design: Living in God's Freedom for Sex and Identity

August 24, 2025

### Discussion Questions:

1. **Reality Check:** Were you surprised by any of the stats shared about porn (usage, age of first exposure, societal impact)? How does that shape the way you think about this issue?
2. **Personal Reflection:** James 1:14-15 describes the progression from desire → sin → death. Can you identify any “small desires” in your life that could grow if left unchecked?
3. **Impact on Relationships:** How does porn distort how we see other people, according to the teaching? How have you seen this play out in real life or culture?
4. **Permission to Perception:** The message outlined a progression: Permission → Perception → Programming → Paralysis → Death. Why does the danger zone really start at permission?
5. **Freedom in Christ:** Romans 6:23 says, “The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” How does the cross break the chains of porn or sexual sin in practical ways in your life?
6. **Pathway to Freedom:** Which of the steps (Repent, Replace, Renew, Regroup, Remember, Reborn) do you feel God is asking you to take next? Why?
7. **Accountability & Community:** Regroup emphasizes that you don't fight alone. Who could you ask to walk alongside you as you pursue freedom, and what would that look like practically?

### Additional Resources:

- [thebayouchurch.org/bydesign](http://thebayouchurch.org/bydesign)