

The Conscience Question

Better Decisions, Fewer Regrets – Part 4

September 29, 2024

Discussion Questions:

1. Can you recall a time when you felt an internal tension or “check” in your spirit about a decision? How did you respond to it, and what was the outcome?
2. Why do you think God allows tension or discomfort in our lives? How can it serve as a tool for spiritual growth?
3. When you experience tension, what steps can you take to discern whether it’s God speaking to you or just general anxiety?
4. Psalm 139:23-24 invites God to search our hearts and reveal anything that needs attention. How can we cultivate a habit of regularly inviting God to show us areas of tension we may be ignoring?