

**We Go On**  
**Out of the Cave – Part 8**  
**May 26, 2024**

**Discussion Questions:**

1. How has this series, *Out of the Cave*, benefited you or someone you know?
2. Based on the passage and message Pastor Griff preached on Sunday, how do we practically go on after addressing the deep truths of mental health?
3. What caves do you feel are still crippling you?
4. What hard things do you need to do to emerge from the cave? How does the hope of the Gospel play a role in your purpose?