

Processing Our Grief

Out of the Cave – Part 7

May 19, 2024

Discussion Questions:

1. Bro. Mike shared parts of Job's story. Through all of Job's loss and grief, he never sinned against God. Read Job 1:21. What was Job's response to God? What do you think of his response?
2. We often refuse to grieve after we suffer a loss, even though the process of grieving is a healthy choice. Read John 11:33-36. What did Jesus teach Lazarus' sister and those around them?
3. Read Psalm 34:18. We often think we are alone in our struggles, but what does the Lord promise in that verse? Rather than trying to deal with our losses all by ourselves instead of accepting God's grace, discuss in your group how a loss you have suffered can help you get closer to God.
4. One of the ways that we can move forward in our grief is by utilizing God's resources. (His Word, His people, His Spirit) Do you utilize His resources? If so, which one do you gravitate toward first? How can you utilize God's resources more in the future?