



## Uncover the True You

20/20: A Clear View into the True You - Part 2 Recap  
September 27, 2020

Soren Kierkegaard: "The most common form of despair is not being who you are."

<sup>1</sup>"O Israel," says the Lord, "if you wanted to return to Me, you could. You could throw away your detestable idols and stray away no more. <sup>2</sup>Then when you swear by My name, saying, 'As surely as the Lord lives,' you could do so with truth, justice, and righteousness. Then you would be a blessing to the nations of the world, and all people would come and praise My name." <sup>3</sup>This is what the Lord says to the people of Judah and Jerusalem: "Plow up the hard ground of your hearts! Do not waste your good seed among thorns. <sup>4</sup>O people of Judah and Jerusalem, surrender your pride and power. Change your hearts before the Lord, or My anger will burn like an unquenchable fire because of all your sins." Jeremiah 4:1-4 (NLT)

Don't you see how wonderfully kind, tolerant, and patient God is with you? Does this mean nothing to you? Can't you see that His kindness is intended to turn you from your sin? Romans 2:4 (NLT)

**BREAKDOWN** is God's pathway to **BREAKTHROUGH**.

<sup>16</sup>You do not desire a sacrifice, or I would offer one. You do not want a burnt offering. <sup>17</sup>The sacrifice You desire is a broken spirit. You will not reject a broken and repentant heart, O God. Psalm 51:16-17 (NLT)

**RETURN** to the One who made you.

<sup>19</sup>Now repent of your sins and turn to God, so that your sins may be wiped away. <sup>20</sup>Then times of refreshment will come ... Acts 3:19-20 (NLT)

... "No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love Him." 1 Corinthians 2:9 (NLT)

# SERMON DISCUSSION QUESTIONS

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See It: (Small Group Questions)

Text: Jeremiah 4:1-4

Big Thought: Breakdown is the pathway to breakthrough

1. Where have you seen people become a lesser version of themselves?
  - What did their journey to a lesser self look like?
  
2. How is Israel becoming a lesser version of itself in this passage?
  - How has Israel's lesser version of itself damaged its people and derailed their destiny?
  
3. Why does sin involve seeing God as less than he is?
  - Is it a sin to be a lesser version of ourselves? Why do you think that?
  
4. Jeremiah extends an offer of God's grace and at the same time warns of God's wrath. Which makes more sense to you—his grace or his wrath? Why is that?
  - What lesson could you learn from the side of God that makes you less comfortable?
  
5. What do you think it means to return to God?
  - What might it look like for a person who has settled for a lesser version of themselves to return to God?
  - Do you sense a nudge to return to God yourself? What has to change for you to do that?

## Be It: (Small Group Exercise)

### Return to the True You

Take a few minutes to rate on a scale of 1 to 5 (1 being very little temptation, 5 being very great temptation) which false version of yourself is most likely to influence you. Write down reasons for the especially tempting ones. Then discuss as a group.

Versions of Me	Rating	Reasons
The Expectations of Others (The me others expect me to be)		
The Imitation of Success (The me I think I want to be)		
The Infatuation with Money (The me they pay me to be)		
The Preoccupation of Life (The me time makes of me)		
The Projection of Self (The me I want to be)		