

From Flesh to Family

The Great 8 - Part 2

June 7, 2026

Whatever dominates your thinking eventually directs your living.

THE BATTLE YOU FACE

*“⁵For those who live according to **the flesh** have their **minds set** on the things of the flesh, but those who live according to **the Spirit** have their **minds set** on the things of the Spirit. ⁶Now the mindset of the flesh is **death**, but the mindset of the Spirit is **life and peace**. ⁷The mindset of the flesh is hostile to God because it does not submit to God’s law. Indeed, it is unable to do so. ⁸Those who are in the flesh cannot please God.”* Romans 8:5-8 (CSB)

The Flesh Mindset

- Self-Sufficiency — “I got this.”
- Self-Gratification — “What feels good?”
- Self-Preservation — “What protects me?”

You cannot have a Spirit-led life with a flesh-fed mind.

The greatest threat to your future isn’t the devil. It’s a mind that refuses to surrender to God.

THE FLESH YOU FIGHT

*“⁹You, however, are not in the flesh, but **in the Spirit**, if indeed the Spirit of God lives in you. If anyone does not have the Spirit of Christ, he does not belong to Him. ¹⁰Now if Christ is in you, the body is dead because of sin, but **the Spirit gives life** because of righteousness. ¹¹And if **the Spirit of Him** who raised Jesus from the dead **lives in you**, then He who raised Christ from the dead will also bring your mortal bodies to life through His Spirit who lives in you. ¹²So then, brothers and sisters, we are **not obligated to the flesh** to live according to the flesh, ¹³because if you live according to the flesh, you are going to die. But if **by the Spirit you put to death** the deeds of the body, you will live.”* Romans 8:9-13 (CSB)

The Holy Spirit Convicts

Condemnation is rooted in accusation.

Conviction is rooted in restoration.

Condemnation drives you away from God in shame.

Conviction draws you toward God for change.

THE FATHER YOU FOLLOW

¹⁴For all those *led by God's Spirit are God's sons*. ¹⁵For you did not receive a spirit of slavery to *fall back* into fear. Instead, you received the *Spirit of adoption*, by whom *we cry out, "Abba", Father!* ¹⁶The Spirit Himself testifies together with our spirit that *we are God's children*, ¹⁷and if children, also heirs — heirs of God and coheirs with Christ — if indeed we suffer with Him so that we may also be glorified with Him." Romans 8:14-17 (CSB)

Living From Your New Identity

1. Rely on the Spirit → (Romans 8:9-11)
2. Reject the Flesh → (Romans 8:12-13)
3. Refuse to Fall Back → (Romans 8:15a)
4. Rest Confidently in Your Adoption → (Romans 8:15b-17)

The Father who saved you from your sin has never lost sight of you in your struggle.

Brief Definitions in Today's Text:

- **Flesh** → The sinful tendency to live independent of God.
- **Spirit** → God's presence and power living in believers.
- **Mindset** → Your settled way of thinking that shapes how you live.
- **Adoption** → God bringing you into His family as His child.
- **Abba** → The intimate cry of a child to a loving Father.