

Living The Lord's Supper Lifestyle

Summer at The Bayou - Part 5

July 26, 2026

"²³For I received from the Lord what I also passed on to you: The Lord Jesus, on the night He was betrayed, took bread, ²⁴and when He had given thanks, He broke it and said, 'This is my body, which is for you; do this in remembrance of Me.' ²⁵In the same way, after supper He took the cup, saying, 'This cup is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me.' ²⁶For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes. ²⁷So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. ²⁸Everyone ought to examine themselves before they eat of the bread and drink from the cup. ²⁹For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. ³⁰That is why many among you are weak and sick, and a number of you have fallen asleep. ³¹But if we were more discerning with regard to ourselves, we would not come under such judgment." 1 Corinthians 11:23-31 (NIV)

1. Emphasize **GRATITUDE**.

"In the same way, after supper He took the cup, saying, 'This cup is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me.'" 1 Corinthians 11:25 (NIV)

2. Examine **YOURSELF**.

"²⁷So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. ²⁸Everyone ought to examine themselves before they eat of the bread and drink from the cup. ²⁹For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. ³⁰That is why many among you are weak and sick, and a number of you have fallen asleep. ³¹But if we were more discerning with regard to ourselves, we would not come under such judgment." 1 Corinthians 11:27-31 (NIV)

3. Enhance **FELLOWSHIP**.

"¹⁶When we bless the cup at the Lord's Table, aren't we sharing in the blood of Christ? And when we break the bread, aren't we sharing in the body of Christ? ¹⁷And though we are many, we all eat from one loaf of bread, showing that we are one body." 1 Corinthians 10:16-17 (NLT)

4. Expect **HOMECOMING**.

"For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes." 1 Corinthians 11:26 (NIV)

Four Steps to Live The Lord's Supper Lifestyle Every Day:

- Look **OUT**
- Look **IN**
- Look **AROUND**
- Look **UP**