

Ancient Armor. Present Power.

Suit Up: Winning the War Within - Part 3

June 15, 2025

The Christian life is not a playground, it is a battleground.

You can't fight a spiritual war with physical strength.

¹³For this reason take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand. ¹⁴Stand, therefore, with **truth like a belt** around your waist, **righteousness like armor on your chest**, ¹⁵and your feet **sandaled with readiness for the gospel of peace**. ¹⁶In every situation take up the **shield of faith** with which you can **extinguish** all the flaming arrows of the evil one. ¹⁷Take the **helmet of salvation** and the **sword of the Spirit**—which is the **word of God**.” Ephesians 6:13-17 (CSB)

1. The Belt of Truth holds everything together

“Truth is the objective standard by which reality is measured. God’s word is truth.” - Tony Evans

Truth holds up our lives against lies. We fight the lies by knowing the truth.

2. The Breastplate of Righteousness guards our heart

God’s righteousness doesn’t just cover you—it changes you.

“He put on righteousness as body armor, and a helmet of salvation on his head ... ” Isaiah 59:17 (CSB)

3. The Shoes of the Gospel of Peace advances ground with courage

You’re not just called to stand in peace—you’re called to go with peace.

“And how can they preach unless they are sent? As it is written: How beautiful are the feet of those who bring good news.” Romans 10:15 (CSB)

4. The Shield of Faith extinguishes the lies

Faith is your defense against flaming accusations, shame-based lies, and fearful imaginations.

5. The Helmet of Salvation guards your mind and gives you confidence

Confidence in battle is a sign of your salvation and the enemies’ destruction.

Start your day saying: I am saved. I am sealed. I am secure.

6. The Sword of the Spirit is your fighting word

You win the war with “*It is Written*.”

You are armed with the only thing the enemy fears—the Word of God filled with the Spirit of God in the hands of a child of God.

The devil can't stand when you stand on Scripture.