

Refresh

Soundtracks Vol II - Part 1

August 11, 2024

Soundtracks are powerful, aren't they?

The soundtracks we tell ourselves are just as powerful.

"The tongue can bring death or life ... " Proverbs 18:21 (NLT)

Refresh - Aug 11

Insecurity - Aug 18

Comparison - Aug 25

Regret - Sep 1

We need to think about what we think about.

Broken soundtracks

4 Steps to Overcome Broken Soundtracks:

Recognize

"The thief's purpose is to steal and kill and destroy. ... He is a liar and the father of lies." John 10:10, 8:44 (NLT)

"... Take captive every thought (every broken soundtrack!) to make it obedient to Christ." 2 Corinthians 10:5 (NIV)

Retire

"Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them." Ephesians 4:29 (NLT)

What broken soundtrack are you retiring?

Replace

*"Throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit **renew** your **thoughts** and **attitudes**."* Ephesians 4:22-23 (NLT)

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Repeat

“Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” Philippians 4:8 (NLT)

Recognize

Retire

Replace

Repeat

“And you will know the truth, and the truth will set you free.” John 8:32 (NLT)

Would you commit to come for just 4 Sundays?