

# Temptation

## He Gets Us - Part 3

### May 4, 2025

#### Common Temptations:

- Greed
- Gossip
- Anger
- Lust
- Overconsuming

**Temptation is anything that promises satisfaction at the cost of your obedience to God.**

#### What Temptation Steals:

- Intimacy with God
- Peace of mind
- Closest relationships
- Health

**Sin always takes us further than we wanted to go, keeps us longer than we wanted to stay and costs us more than we wanted to pay.**

*<sup>14</sup>Temptation comes from our own desires, which entice us and drag us away. <sup>15</sup>These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.” James 1:14-15 (NLT)*

#### Good news: Jesus Gets Us

*“For we do not have a high priest (Jesus) who is unable to empathize with our weaknesses, but we have one who has been **tempted** in every way, just as we are—yet He did not sin.” Hebrews 4:15 (NIV)*

*<sup>3</sup>During that time the devil came and said to Him, ‘If you are the Son of God, tell these stones to become loaves of bread.’ <sup>4</sup>But Jesus told him, ‘No! The Scriptures say, “People do not live by bread alone, but by every word that comes from the mouth of God.”’ <sup>5</sup>Then the devil took Him to the holy city, Jerusalem, to the highest point of the Temple, <sup>6</sup>and said, ‘If you are the Son of God, jump off! For the Scriptures say, “He will order His angels to protect you. And they will hold you up with their hands so you won’t even hurt your foot on a stone.”’ <sup>7</sup>Jesus responded, ‘The Scriptures also say, “You must not test the Lord your God.”’ <sup>8</sup>Next the devil took Him to the peak of a very high mountain and showed Him all the kingdoms of the world and their glory. <sup>9</sup>‘I will give it all to you,’ he said, ‘if you will kneel down and worship me.’ <sup>10</sup>‘Get out of here, Satan,’ Jesus told him. ‘For the Scriptures say, “You must worship the Lord your God and serve only Him.”’ Matthew 4:3-10 (NLT)*

## Four Key Strategies for Overcoming Temptation:

### #1 - Go to War

*"Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour."* 1 Peter 5:8 (NLT)

- **The best defense is a relentless offense.**

### #2 - Remember the Cost

*"<sup>3</sup>For the \_\_\_\_\_ are as sweet as honey ... <sup>4</sup>But in the end she is as bitter as poison, as dangerous as a double-edged sword. <sup>5</sup>Her feet go down to death; her steps lead straight to the grave."* Proverbs 5:3-6 (NLT)

### #3 - Arm Yourself with God's Word

- **Get in God's Word and let God's Word get in you.**
- **When you're tempted, strike back with the Sword of the Spirit.**

*"Get out of here, Satan," Jesus told him. "For the Scriptures say ... "* Matthew 4:10 (NLT)

### #4 - Lock Arms with God's People

*"<sup>1</sup>... If another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. <sup>2</sup>Share each other's burdens, and in this way obey the law of Christ."* Galatians 6:1-2 (NLT)

- **You're only as strong as you are honest.**

**The Gospel is our power source.**

- **The Gospel: Jesus took our place, broke sin's power, and rose again to offer forgiveness, freedom, and the strength to live a new life.**

*"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full."* John 10:10 (NIV)

**Additional great verses about overcoming temptation:**

- Ephesians 6:10-18
- Hebrews 10:24-25
- Ecclesiastes 4:9-10
- James 5:16
- Matthew 5:30
- Ephesians 5:18
- Galatians 5:16-17
- Romans 7:24-25
- 1 Corinthians 10:13
- James 1:13
- Psalm 119:9-11
- Proverbs 4:14
- 2 Timothy 2:22
- James 4:7
- Romans 6:12-14
- Romans 8:6
- Psalm 141:4
- Colossians 3:5-10