

# The Conscience Question

## Better Decisions, Fewer Regrets - Part 4

### September 29, 2024

*“A prudent person foresees danger and takes precautions. The simpleton goes blindly on and suffers the consequences.” Proverbs 27:12 (NLT)*

**Q#1 - The Integrity Question: Am I being honest with myself... really?**

**Q#2 - The Legacy Question: What story do I want to tell?**

**Q#3 - The Conscience Question: Is there a tension that deserves my attention?**

Those tensions, those moments of discomfort or hesitation, are God’s way of getting our attention.

Pay attention to the tension.

In our fast-paced, noise-filled world, we’re quick to dismiss the subtle nudges of God.

*“<sup>23</sup>Search me, God, and know my heart; test me and know my concerns. <sup>24</sup>See if there is any offensive way in me; lead me in the everlasting way.” Psalms 139:23-24 (CSB)*

Tension is not the enemy. Ignoring it is.

We all have a tendency to dodge the truth by discounting the truth teller.

If something bothers you, let it bother you.

## Four Key Ways to Pay Attention to the Tension

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### 1. Openness - Invite God to Search Your Heart

- Often, the tension we feel is God’s way of bringing to the surface something we haven’t fully surrendered.

### 2. Awareness - Acknowledge Your Anxious Thoughts

- Pay attention to the thoughts that cause tension in your spirit—they may be areas where God wants to bring healing or growth.

### **3. Honesty - Identify Shortcomings**

- You can't change what you don't confront.

### **4. Conviction - Follow God's Leading**

- Paying attention to the tension leads to transformation.
- Is there a tension that deserves my attention?