

More Than Just Spiritual

Mature - Part 1

September 7, 2025

Discussion Questions:

1. Picture a hollow tree that has cracked in half and fallen over. What are some examples of ways a person can appear strong or spiritually mature on the outside but actually be hollow on the inside? Have you ever recognized this in yourself?
2. Read Matthew 22:37-39 out loud. Jesus calls us to love God with our heart, soul, and mind, and to love our neighbor as ourselves. Which aspects of these verses correlate to emotional, spiritual, mental, and relational maturity? Which of these areas do you find most challenging to grow in right now?
3. Pastor Sean listed some of the potential consequences from immaturity (broken cycles, impulsive decisions, walking on eggshells, missed opportunities, plateauing, etc.). Which have you seen most clearly in your own life or in the lives of others?
4. There are many origin points for immaturity. Pastor Sean highlighted some hurts that people may have experienced that could foster immaturity in one or more areas of life. Those hurts were: Adverse Childhood Experiences, broken family dynamics, trauma, toxic role models, church hurt/spiritual abuse, unmet emotional needs. Which of these speaks most to you? Why?
5. Paul writes to the church in Ephesus about God's desires for His Church. Read Ephesians 4:13-16. Which of the benefits of true maturity (peace through hard times, safety in relationships, wise choices, discerning God's instructions, steadfast during storms of life, being a reflection of Jesus) motivates you most to keep growing? Why?
6. The sermon ended with hope that Jesus brings transformation. What step could you take this week to invite Him to grow you beyond surface-level spirituality into deeper maturity?
7. Who can you positively impact by intentionally growing your own maturity? What is one step you can take toward positive growth?

Additional Verses for Discussion:

- Matthew 5:23-24
- Colossians 1:10
- Philippians 1:6
- 2 Corinthians 3:18